



BELLA BRU
CAFE & CATERING

BREAKFAST

Served Monday - Friday 8 am - 11 am

Saturday & Sunday 8 am - 2 pm

HOT OFF THE GRIDDLE

Blueberry Pancakes

Start your day with the World's Best Antioxidant!
3 Pancakes with maple syrup & powdered sugar \$6.95

Buckwheat Pancakes

3 Pancakes served with maple syrup & butter \$5.95

Belgian Waffle

Served with maple syrup & butter \$6.95
with strawberries *add 1.00*

French Toast

Brioche soaked in our rich batter, grilled & topped
with strawberries, butter & maple syrup \$7.95

Cranberry Walnut French Toast

One of Bella Bru's specialty breads
served with maple syrup & butter \$7.95

TWO EGG BREAKFAST

Egg Whites or Eggbeaters available for substitution

Sunrise Special

Two eggs any style served with country
potatoes, toast & jam \$4.25
with bacon or ham *add 3.25*
with chicken apple sausage or andouille sausage *add 3.25*

Morning Breakfast

Two eggs any style, bacon or sausage or ham, & slice of
french toast or one pancake, served with
country style potatoes \$8.25

3 EGG OMELETS

Served with country style potatoes, toast & jam
Egg Whites or Eggbeaters available for substitution

Vegetable

Zucchini, tomatoes, mushrooms, green onions, avocado,
& provolone cheese topped with house made pesto \$7.95

Turkey~Bacon~Avocado

Fresh tomatoes, red onions, jack & cheddar cheeses \$8.55

Crab & Avocado

Crab, avocado, chives, jack & cheddar cheeses \$9.95

Smoked Salmon

With capers, onions, fennel
& Laura Chenel goat cheese \$8.95

Spinach & Mushroom

Mixed mushrooms, onions and cheese, topped with
pesto hollandaise \$8.95

Denver

Ham, mixed peppers, onions, jack & cheddar cheese \$8.55

QUICHE

Served with Fresh Fruit or Potatoes

"Lorraine"

With bacon, leeks, onions & gruyere cheese \$7.95

"Veggie"

With oven roasted zucchini, onions, mushrooms,
Swiss cheese, red & yellow bell peppers \$7.95

LIVE WELL NATOMAS

The Light Start

Two egg whites with sliced tomatoes & toast \$4.25

Fruit & Yogurt

Fresh fruit with granola & clover honey \$5.95

Oatmeal

Mixed with cranberries, served with brown sugar
& milk \$4.95

SPECIALTIES

Egg Whites or Eggbeaters available for substitution

Breakfast Bagel

Two eggs scrambled on a toasted bagel \$4.25
with cheddar cheese or vegetables *add .50*
with smoked bacon *add .75*
served on a croissant *add 1.25*

Huevos Rancheros

Eggs any style with corn tortilla, cilantro rice, black beans,
salsa, cotija cheese, avocado, sour cream & chorizo,
served with country style potatoes \$8.95

Southwest Burrito

Two eggs with chorizo, potatoes & scallion in a soft
flour tortilla with pepper jack cheese & sides of salsa,
aioli & guacamole \$7.95

Eggs Benedict

Two poached eggs, country ham on english muffin
topped with lemon hollandaise, served with
country potatoes \$8.95

SCRAMBLES

Served with country style potatoes, toast & jam
Egg Whites or Eggbeaters available for substitution

Tofu Scramble

Tofu & spices \$4.95

Veggie Tofu Scramble

Tofu, spices, zucchini, tomatoes, mushrooms, green
onions, provolone cheese & pesto \$8.55

Chorizo Scramble

Mexican chorizo sauteed with green onions, peppers
& cheese, topped with roasted tomato salsa \$8.55

Andouille Sausage Scramble

Yellow & red peppers, green onions & spices
topped with a dollop of sour cream \$8.55

Three Cheese Scramble

Goat, jack & cheddar cheeses \$7.75

SIDES

Toast or Bagel \$1.50

Country Style Potatoes \$2.00

Muffin, Scone, Cinnamon Roll \$2.10

Two Eggs any Style \$2.50

Fresh Fruit \$2.25

Smoked Bacon or Smoked Ham Loin \$3.25

Andouille Sausage or Chicken Apple Sausage \$3.25